



Pre - Treatment Hair Removal Instructions

Don't Pluck

Prior to a laser hair removal treatment, patients must abstain from tweezing, waxing, or any other unwanted hair treatment that removes hair from its root for one month prior to treatment. There must be hair in the hair follicle for laser hair removal to work. The laser is attracted to the melanin, or pigment, of the hair. The hair must be in its anagen, or active, growth phase.

Don't Tan

You should also avoid sun exposure in the 4-6 weeks prior to your laser hair removal treatment. Tanned skin has extra melanin, which attracts laser energy. Also, avoid self tan products or spray tan for 4 weeks prior to treatment.

Don't Moisturize

Right before your laser hair removal treatment, avoid applying any lotion, sunscreen, perfume, or other similar cosmetics to the surface of your skin the day of treatment. Stop Tretinoin or prescription cream in the area of treatment one week prior to treatment.

Shave

Shave about 3 days before your session. It is best to have just enough hair to be visible so your laser technician knows what is to be treated.

Wait

Wait 2 weeks after hydrafacial or Botox before Laser treatment in that area. Wait one month after fillers before Laser treatment in that area.