



Pre-Treatment Instructions for Tattoo Removal

- Avoid sun exposure including tanning beds for 2 weeks prior and 2 weeks after the treatment.
- A cold compress will be applied for 10-15 minutes prior to the treatment.
- Avoid pain medication such as Motrin, Aleve and aspirin 3 to 7 days prior to the treatment due to increased risk of bleeding. Tylenol may be taken prior to treatment